



Katedralacho

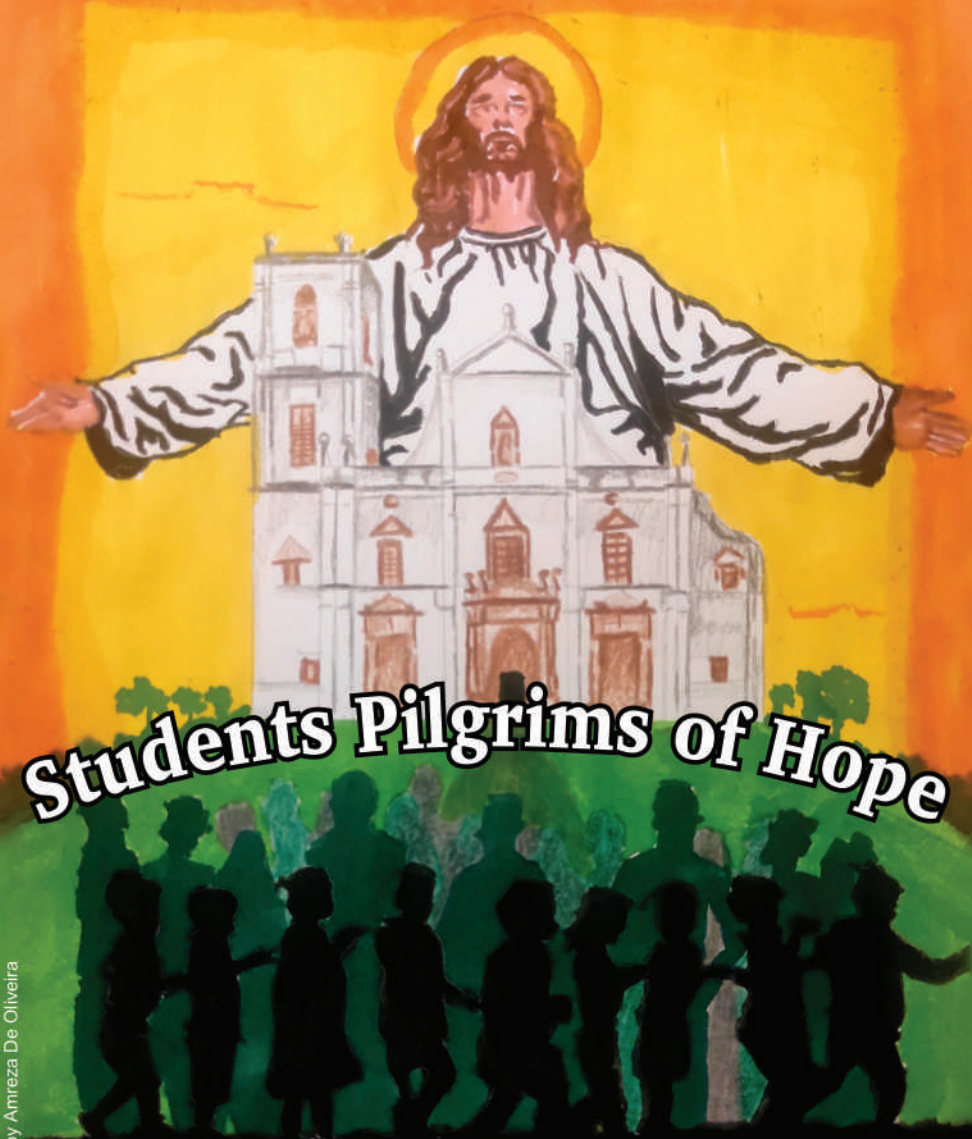


ULO

Voros: XXVI

Ank: 7

Julai 2025



Art by Amreza De Oliveira

**“Let your unfailing Love surround us, Lord,
for our hope is in you alone”. Ps 33:22**

Third Death Anniversary



Born
15 July 1927

Died
1 July 2022

Archbishop Raul Nicolau Gonsalves

"I am the resurrection and the life. Those who believe in me will live, even though they die" (Jn. 11, 25)



Let us unite in prayer for our dear departed
Archbishop-Patriarch, Raul Nicolau Gonsalves,
as we commemorate the third anniversary of this death
at a Mass which will be celebrated on
Saturday, 5th July 2025, at 4.00 pm,
at the Cathedral Church, Old Goa.

All the faithful are invited to join in the Eucharist in
thanksgiving and supplication for our deceased Pastor!



STUDENTS: PILGRIMS OF HOPE

Challenges before the students/youngsters on their journey as pilgrims: One may ask, how can a student become a pilgrim of hope for other pilgrims when he/she is under training? About a month before ending his earthly journey, Pope Francis called upon young people to be ‘Pilgrims of Hope’ to society (see Message of 19th March 2025). The late Pope, in his Bull of Indiction, 09 May 2024, No. 12, had observed, “The young often see their dreams and aspirations frustrated” and try to live without hope. Unable to face life’s challenges, they find escapism in drugs, temporary pleasures of the flesh, depression, and contemplate self-destructive actions. The Archbishop of Goa and Daman, Most Rev. Filipe Neri Cardinal Ferrao, shares the late Pope’s vision (see Pastoral Letter 2025, no. 5.1). Besides, the late Pope Francis had also contemplated spiritual challenges that may lead young people into despair, such as selfishness, spiritual sloth, sterile pessimism, spiritual worldliness, and the tendency to war with others instead of healthy competition (see Pope Francis, Apo. Exh. Evangelii Gaudium, 24 November 2013, nn. 81-101). So the question, faced with such overwhelming challenges and opposing tides, is: can young people remain without sinning and without giving into despair? Or can they overcome such hurdles and be pilgrims of hope?

Positive response of the students/youngsters to the challenges in the light of the Word: YES, THEY CAN BECOME PILGRIMS OF HOPE. We can confidently say that Christian

youth can embody the role of “pilgrims of hope” by actively demonstrating faith, love, and service in their communities. This involves embracing their vocations, discerning God’s will, and sharing the Gospel message with courage and joy. They can be beacons of hope by offering support, guidance, and encouragement to others, especially those facing challenges.

These youngsters ponder the biblical wisdom, “Young people, enjoy your youth. Be happy while you are still young. Do what you want to do, and follow your heart’s desire. But remember that God is going to judge you for whatever you do” (Ec. 11: 9). “So remember your Creator while you are still young, before those dismal days and years come when you will say, ‘I don’t enjoy life’ ...and all your desire will have gone...our bodies will return to the dust of the earth, and the breath of life will go back to God, who gave it to us” (Ec. 12: 1-8).

A youngster who chose to end up in despair and a shining example of student/youngster as Pilgrim of Hope: We have ample examples in the Bible of young people who became beacons of hope. There are also examples of youngsters who led others into despair. Let us consider **the sad young man in the Gospel of Matthew (Mt. 19: 16ff)**. We find a young man who comes to Jesus (as Jesus was on His journey/pilgrim giving hope to all who were following Him) and expresses his desire to be like Jesus, the Pilgrim of Hope. Jesus loved him and placed before him the challenges and means to be a Pilgrim of Hope. First and foremost, it was of paramount importance that he should have clarity of his vocation, status, discernment of God’s will, courage to sacrifice, and joy of following Jesus’ Way. However, that young man chose to return to the world in despair and perhaps led many of his friends into hopelessness.

We have another young man, **Joseph, son of Jacob (see Genesis chs 37 to 50)**. He was the youngest in the family, loved by his father but envied by the other brothers. He loved his

brothers and was obedient to the father. He was the hope of the father. However, he encountered deadly enemies in his brothers who abandoned him in the dry well, sold him to foreigners, and lied to their father that the boy was killed.

So, he became a pilgrim of hope to his enemy-brothers, a pilgrim of hope to the travelers, a pilgrim of hope who faces death while still living. He served as a slave for his Egyptian master and became a pilgrim of hope to the slaves, but by refusing to be a slave to sinful advances of Potiphar's wife and facing subsequent imprisonment with false charges, he became a pilgrim of hope to all the pilgrims who want to overcome temptations and live a morally good life; he became a pilgrim of hope to those faced with lusts and rage. In the prison, he became pilgrim of hope to the prisoners both convicted and falsely accused ones. When he was brought to the court of the king, he became pilgrim of hope to the wise and those in the palace. When the king made him in charge of his kingdom's administration, he became pilgrim of hope to those in authority, those who suffer lack as well as those who serve the community. He showed kindness to his hostile brothers and became pilgrim of hope to those nursing negativities and by bringing them to repentance, he became pilgrim of hope to the repented sinners. He continued to be a beacon of hope to all till his death because **he carried God in his heart.**

Our young people can become pilgrims of hope to all people at all times, after the example of Jesus, only when we journey by carrying God in our hearts. May St. Catherine of Alexandria, who herself was a young pilgrim of hope to various people (travellers) of her time, pray for our students and young pilgrims to be beacons and Pilgrims of Hope.

Parish Priest



(Rev. Can. Rosario Oliveira)



Students on a Mission: How Youth Evangelize Today

Ruth Dixon
Parish Youth

In this Jubilee Year, “Pilgrims of Hope, the youth of Cathedral Parish, Old Goa are embracing their mission to spread the Good news. Inspired by St. Francis Xavier’s legacy they are becoming instruments of evangelization, bringing hope and joy to those around them.

Living the Mission

St. Francis Xavier, the patron saint of Goa, exemplified unwavering dedication to spreading Christianity. His missionary journeys took him to distant lands, where he preached, taught and served the marginalized. Similarly the youth of Cathedral Parish are being called to live out their faith in their daily lives. Through various parish initiatives, they are learning to become “Pilgrims of Hope” sharing their experiences and values with others. As St. Paul wrote, “I can do all things through Christ who strengthens me” (Philippians 4:13), they are finding strength in their faith.

New Ways of Evangelization

Today’s youth are creative and tech-sawy, using social media platforms to share inspiring stories, reflections, and prayers. They organize faith-sharing groups, retreats and community service projects, which provide opportunities for others to encounter Christ. By living out their faith authentically, they inspire their peers to explore the teachings of Jesus. As Jesus said, “Let your light shine before others, that they may see your good deeds and glorify your Father in heaven” (Matthew 5:16), they are shining their light for others.

Evangelizing through Service

The youth of our parish are also engaging in acts of service, visiting the elderly, helping the poor, and caring for the environment.

These initiatives demonstrate the values of compassion, empathy, and kindness, reflecting Christ's love. By serving others, we are evangelizing through action, showing that faith is not just about words, but about deeds. As Jesus taught us, "Love your neighbor as yourself" (Mark 12.31) they are putting love into action.

Hope and Joy

In a world filled with challenges and uncertainties, the youth are beacons of hope. They are learning to trust in God's providence and to find joy in serving others. Through their witness, they are inspiring others to discover the hope and joy that comes from following Christ. As St. Paul wrote, "May the God of hope fill you with all joy and peace as you trust in him" (Romans 15:13), they are spreading joy and peace.

To conclude, the youth of Cathedral Parish, inspired by St. Francis Xavier's legacy, endeavor to spread hope and joy through their faith and service. As we render our joyful services, may we reflect Christ's love, bringing joy and peace to all around us.

Bhagevont Joaquim ani Bhagevont Ana

*him Ankvar Moriechim
pai-maim ani
Somia Jezu Kristachim
Xepai-Xemaim, hanchi
Julaiche 26ver,
Sonvara disa, porob.
Tea Somoyar amchea
soglea
Xepai-Xemaink
porbechim hun'hunit
porbim. Tanche vinnovnen
tumcher Devacho axirvad
magtam!*





Mental Health and Faith: A message of Hope for struggling students

Deon Fernandes

Parish Youth

We live in a generation where technology has advanced significantly, enabling easy connections with people globally and instant access to information via the internet. Despite these innovations and conveniences, a mental health crisis is quietly growing. Today's youth are experiencing anxiety, depression, loneliness, and burnout at alarming rates.

Faith and spirituality often help individuals learn and understand life's challenges, suffering, and purpose. In times of stress and anxiety, faith can serve as a source of hope, resilience, and comfort. For Christians, our Lord Jesus Christ is not only seen as the saviour of souls but also as a healer of hearts and minds. For many, the relationship with Christ forms mental toughness, providing comfort, direction, and purpose in times of distress.

However, we often forget that we're never really alone, and that Jesus is always with us. We often feel lonely and depressed and eventually stray away from our faith, stopping attendance at mass or even prayer. Even when trying to reconnect with our faith, we tend to hesitate to fully open ourselves up or participate in praising God. We often prioritize people around us over our relationship with God.

In the midst of chaos, diversions, and hardships, it's critical to remember that God is always present, even when we feel overwhelmed, lost, or far away. With honesty, humility, and a desire to turn back to God, who waits patiently with open arms, we can reestablish a connection with our faith. Christ remains our mooring in loneliness and fear, offering serenity, fortitude, and optimism through prayer, fellowship, scripture, and worship.

Remember that God always sees, knows, and loves us, despite feeling invisible to the outside world.

Grandparents' Faith and Future: Students Honouring the Elderly with Hope

Fiona D'Souza
Zomo: Guttachea Rosa



Grandparents are very special people. They are full of love, wisdom, and faith in God. My grandparents love me so much and always tell me about Jesus. My grandma teaches me how to pray, and my grandpa reads the Bible with me. They believe in God with all their hearts, and they always tell me, “God is always with you.”

One day, my grandma told me her favorite Bible verse. It’s from Proverbs 3:5 – “Trust in the Lord with all your heart and do not lean on your own understanding.” She said this verse helped her when she was sad or worried. That made me think: our grandparents have gone through a lot, but they still believe in God. That’s called faith.

The Bible says in Proverbs 17:6, “Children’s children are a crown to the aged.” This means grandparents feel very happy and proud when they see their grandchildren loving God. As students and grandchildren, we can honour them by loving them, listening to their stories, and helping them. When I help my grandpa walk or give my grandma a glass of water, they smile so big! I think God smiles too.

The Bible says in Leviticus 19:32, “Stand up in the presence of the aged, show respect for the elderly and revere your God.” That means God wants us to respect older people and be kind to them.

Even when grandparents grow old, they still have a future with God. They are not forgotten. Psalm 71:18 says, “Even when I am old and gray, do not forsake me, my God, till I declare your power to the next generation.” This means our grandparents want to tell us all about God’s greatness before they get too old.

So let’s love them, honour them, and carry their faith with us into the future. One day, we will be grandparents too, and we will share God’s love with our grandchildren—just like they do. Let us be students who love and honour the elderly with hope and joy. Let us thank God for them and carry their legacy of faith into our future.



Thomas Aquinas: The Student Saint

Vailansha Fernandes

Our Lady of Piety

Thomas Aquinas was born in Italy in 1225 into a wealthy family. However, instead of pursuing a life of power and wealth, he chose to serve God by joining the Dominicans, despite his family's disapproval. They even imprisoned him for a year, but Thomas remained steadfast in his decision.

His Love for Learning

Thomas was a diligent student who studied in Paris and Germany under renowned teachers. His peers mocked him due to his quiet nature and large size. Nevertheless, his teacher Albert the Great recognized Thomas's potential, saying, "One day, the world will listen to this man." Thomas went on to author numerous books, including the "Summa Theologica," which systematically explained Christian doctrine.

Why He's the Patron Saint of Students

Thomas is revered as the patron saint of students due to his exemplary study habits, inquisitive nature, and pursuit of truth. He would pray before studying, seeking God's guidance. Thomas believed that learning could bring people closer to God.

His Last Days

Near the end of his life, Thomas experienced a profound spiritual moment. Afterward, he humbly referred to his writings as "straw" compared to the divine truths he had glimpsed. Thomas passed away in 1274.

What We Can Learn from Him

1. Be curious: Continuously ask questions and seek knowledge.
2. Stay strong: Remain true to your values, even when faced with opposition.
3. Integrate faith and reason: Use both your heart and mind to understand life.
4. Be humble: Regardless of your intelligence, remain kind and grateful.

Thomas Aquinas demonstrated that studying is not merely about achieving good grades but about growing in wisdom, truth, and faith.

Grandparents' Love and Legacy

Francis Monteiro

Zomo: Guttachea Rosa



Grandparents are a special gift from God. They are keepers of tradition, values and love that passes through generations. They Love us, teach us how to live with kindness and faith. They help us to understand what is right and wrong and their blessing help us to grow into good people.

I feel blessed to have known both my grandmothers. My maternal grandmother (mother's mother) is hardworking, gentle and kind. Every night she folds her hands in prayer and reminds us to be grateful. She has taught me how important it is to thank God and trust Him in every situation. She shares stories from her childhood that are full of meaning and teaches us good lessons.

My paternal grandmother (father's mother) loved celebrating special occasions like birthdays, church feasts and family get-togethers. She was very fond of traditions and enjoyed bringing the family together with joy and warmth. She had a special way of dressing; always neat and graceful. She was also God-fearing woman deeply rooted in faith and values. Even though she is in heaven now, her words still guide me every day.

As we look to the future, we carry their love and lessons in our hearts. Their faith makes us stronger. Their prayers and stories give us hope and courage. When we honour them we honour God. Let us always be thankful for them, remember their wise words and keep their wisdom alive in our hearts.

Happy Grandparent's Day to every grandparent in our Parish!

May God fill your life with joy, good health and many wonderful moments with your grandchildren.

Thank you for all the Love you share.

Cherished Memories of my Pai

Jewel Borges

(Our Lady of Piety)

Grandparents hold a special place in our hearts, often serving as the pillars of wisdom, love, and guidance in our lives. Through their stories, experiences, and unconditional affection, they offer invaluable lessons and a unique perspective on life that enriches our own journey. Whether it is learning about the past, hearing their words of wisdom, or simply basking in the warmth of their love, the bond between grandchild and grandparent is one that transcends generations.

Me personally, I have only loved and was loved by my grandfather, my Pai. The rest of my grandparents, I have no memory of them. But my pai never let me or any of my other siblings feel any shortage of a grandparent's love. He would always wait for us to visit him and be filled with utmost joy on seeing us. He would guide us rightly with pure knowledge and many years of experience. Pai was always very happy and encouraging of every achievement we had in life, however small or big.

I remember Pai used to always tell us stories from the Bible, since our childhood. Whenever we had some family time, he kept all of us kids together and told us Bible gospels in the form of creative storytelling hence making it very understandable. This technique helped us remember all the famous gospel readings very well, till today. Pai had a lot of faith, and his strong faith kept our family together and strong. In any difficult point in life, he would say only one thing, that is "Keep your full faith in God and pray with your whole heart and he will answer you."

Now, even though he is no longer with us, I remember all his stories. And in every difficult point in my life, I close my eyes and I remember his words and I pray. His faith helps me be a better catholic youth and a better person in the Cristian society.

A Catechist's Journey of Hope and Trust

A Testimony

Jacklene Fernandes



My journey started in 2006 when as I sat in the church waiting for my children's Catechism classes to finish, one catechist approached me and asked whether I would like to join as a catechist, and I readily agreed. That's how I started teaching the little children along with another catechist. I have taught children of all age groups, from the little ones to the Confirmation group, and I feel good being a catechist because one gets to learn a lot of things that weren't taught during our Catechism days. The best part is the love you get to experience in each child. Even after they are no longer children but adults, and when some of my children join as catechists or become active members of the church, it gives me a sense of satisfaction that I have sown good seeds of hope in them.

God will always repay you for whatever you do for His Kingdom. He never stays indebted to you; whatever little you do, He will bless you in abundance. Being a catechist has never gone to waste; He has repaid me, but in His time, we only have to have faith and patience.

Going forward, in continuation of my testimony... In January 2024, I had an accident wherein my left leg was fractured. In 2005, I had a fracture of my right leg too, so now I have fractures in both my legs. After the accident, when I was taken to the hospital and told that I would have to undergo surgery for the insertion of a plate, my first question to the Lord was, "Why did You do this to me, when I am doing so much for You? Why did You let this happen to me?" But the next moment, I just surrendered myself in His hands and said, "You have allowed this to happen; You will bring me out of this." I was on bed rest for nearly four months, had to totally depend on others to do all my personal chores, and couldn't go out.

But then, during Lent, the first time I came to church was on the day of confessions, as I coaxed my husband to take me for confession.

From that day onwards, I participated in the Holy Week services in a wheelchair and later with a walker for the Sunday Mass. I took part in all the novenas of Our Lady of Three Necessities and would daily ask Mother Mary and St. Anthony to intercede for my recovery.

One day, when I was walking towards the middle aisle, I paused a little while near the chapel of St. Anthony and just said to him, “Let me come for your Trezena walking without the help of any support.” And exactly on the 1st of June, when I went to the doctor, he said, “I’m fed up of seeing you with the walker.” He forced me to walk without any support, saying, “You are totally healed.” That was the first favour that I received from my Heavenly Father through the intercession of St. Anthony, and also thanks to my neighbours and friends who helped me in every possible way.

I received another favour too. In October last year, my elder son, who was at home after losing his job from February 2024, made up his mind to go to Amsterdam for future prospects, not knowing where he would stay or whether he would get a job or not, but trusting in His Divine Providence. To his surprise and our good wishes, everything fell into place, and he flew abroad. The Lord favoured him with a stay and a job too.

Yet another favour was added to my list of favours. My husband was back home in the month of February 2025, and every time he came home, he had his next joining date in hand and knew well in advance when he had to join back. But this time, he had not received a joining back date, and there were many staff members who were slowly and steadily laid off over a couple of years, especially the older staff. He was very upset, as he was the only earning member in the family. He kept applying to different companies but wasn’t sure if he would get through. But God had His plans here too. In November 2024, that was almost nine months since he was unemployed, my husband received a call from one of the best companies for an online interview, and within a week, he was selected. He had to join the company for a month’s training in 15 days. It was like a dream come true for him to get a job in one of the best companies with a double hike in his salary and other better benefits too.

God repays you in His own time. He waited to repay me until I was totally healed from my injury. God bestowed another favour

upon me! I was chosen to be one of the casket bearers during the inaugural Exposition of St. Francis Xavier and one of the twelve for the rite of washing of the feet on Maundy Thursday this year. After 22 years of being a parishioner of Old Goa, I feel humbled to have received this opportunity. I feel extremely blessed, having received so many favours in the year 2024-2025, and I still have faith that many more blessings are yet to come.

Lord Jesus, I offer myself to You to be at Your service. Use me for Your glory, and give me the strength to work zealously in Your vineyard. Let any troubles come my way; I'll face them without looking back! O Lord, be my guide and my counsellor.



Katedralacho ULO-Pilgrims of Hope

Hema Menezes
(Ulo Editorial Board)

We extend our heartfelt thanks and blessings to our outgoing editorial members Fr. Seby Vaz (Editor-in Chief), Ms Manisha Dacosta (Catechists-Section Editor), Ms Amreza de Oliveira (Parish Youth-Section Editor) for their dedicated service over the past pastoral year. May God reward your commitment to spreading His Word.

To those continuing for another year Fr. Rosario Oliveira (Editor-in Chief), Mr Anil Afonso (Associate Editor), Dr Anna Rovina Fernandes (Associate Editor), Ms Clea Souza (Associate Editor), Mr Lloyd Vaz (P.P.C.-Section Editor) we are grateful for your continued support and dedication.

We also warmly welcome our new editors joining the board. Fr. Jason Keith Fernandes (Editor in Chief), Ms Gracy Pinto (Associate Editor), Ms Jemima Dias (Catechists-Section Editor), Ms Alice Pearl Gonsalves (Parish Youth-Section Editor) May the Holy Spirit guide all of us in our mission of evangelization through publishing the ULO.

May St Catherine Intercede for Us.

BHORVANXEACHIM YATREKARAM

Listening to the Spirit – Vocational Journey of Youth

Anonymous

(St Alex Somudai)

The world today is a noisy world full of distractions, pressures, conflicts, wars, disturbances, etc. Amidst this noise it become difficult for a person to discern his call.

Every person in this world has a vocation. He / She is chosen for a specific purpose. When we speak about vocation, most of us relate it to priesthood or a religious order. I would say it is more than that. A vocation is basically discovering God's unique call for each person. It can be lived out as a married life, single life, service, a leadership, etc.

Every vocation begins with a relationship with Christ and a listening of the heart. For some that might mean a life consecrated to God. For others it could mean, being a loving person, faithful friend, a leader or a creative soul, bringing joy to others.

Youth is the most important stage in our life. It is the time when we discern this call of God for us. At this time God is near to us and the spirit keeps on whispering to us what is our call. As a parish we're not just spectators in this journey, we're companions. Our ward, our prayer life, our example that matter. Through this we become part of the spirits work. God doesn't ask for perfection, it is openness that matters. Let's answer then, that discernment is not a feat but a loving conversation with the one who knows them.

This journey may be long and sometimes confusing, it is never without purpose. Every step, every question, every 'yes' allows the way, draws them closer to the heart of God. In the process of discernment, it is sure that we will face many obstacles, because the evil one will always be a hindrance in our path to stop us from doing what God wants. But it is our duty i.e. the youth to stay firm. It is also the duty of the people around us to encourage us to do God's will and make us understand the importance of God and his plan in our life.

When we have discerned well and chosen the right path that God has planned for us, we will experience a different kind of joy in our vocation.

छात्रों की आशा की तीर्थयात्रा

निलिशा डुंगुंग
रानी मरिय समुदाय



हर छात्र के जीवन में शिक्षा एक विश्वास की यात्रा के समान होती है, जहाँ वह ज्ञान, संस्कार और आत्मविकास की खोज करता है। यह तीर्थयात्रा केवल भौतिक रूप से चर्चों या धार्मिक स्थलों की यात्रा नहीं, बल्कि आत्मा की गहराई तक पहुँचने वाली यात्रा है। छात्र आशा, श्रद्धा और विश्वास के साथ अपने जीवन के लक्ष्य की ओर बढ़ता है। जैसे तीर्थयात्री शुद्ध मन से परमेश्वर के दर्शन करता है, वैसे ही छात्र सच्चे मन से शिक्षा रूपी परमेश्वर को प्राप्त करने के लिए प्रयासरत रहता है।

यह यात्रा उन्हें न केवल सफलता की ओर ले जाती है, बल्कि जीवन के आध्यात्मिक मूल्यों से भी जोड़ती है। एक छात्र की यह यात्रा न केवल उसकी पढ़ाई और करियर तक सीमित होती है, बल्कि यह उसकी सोच, व्यवहार और व्यक्तित्व को भी आकार देती है। शिक्षा के माध्यम से वह समाज में सच्चाई, दया और सेवा जैसे मूल्यों को अपनाता है।

छात्र जीवन की यह यात्रा उसे जीवन के हर मोड़ पर ईमानदारी, प्रेम और त्याग के मार्ग पर चलना सिखाती है। जैसे चर्च में जाकर हम शांति, मार्गदर्शन और प्रभु की उपस्थिति महसूस करते हैं, वैसे ही जब छात्र सच्चे मन से सीखने की भावना के साथ चलता है, तो उसे शिक्षा में भी परमेश्वर के दर्शन होते हैं। उसका उद्देश्य केवल परीक्षा पास करना नहीं होता, बल्कि एक अच्छा इंसान बनना भी होता है जो दूसरों के लिए प्रेरणा बन सके।

छात्रों की आशा की तीर्थयात्रा एक ऐसी पवित्र यात्रा है जो उन्हें केवल सफलता की ओर नहीं, बल्कि आत्मिक जागरूकता और मानवीय मूल्यों की ओर भी ले जाती है। यह यात्रा उन्हें प्रभु के करीब लाती है, और उन्हें समाज व संसार में एक सच्चे, ईमानदार और सेवाभावी नागरिक के रूप में स्थापित करती है।



आशा के तीर्थयात्री: दादा-दादी

ग्रेसी पिंटो
(ओलूह संपादक मंडल)

विश्वास में दादा-दादी परिवार और समाज के मजबूत स्तंभ होते हैं, जो आशा के तीर्थयात्री के रूप में अपनी आस्था को जीवंत रखते हैं। बाइबल में वृद्धजनों का सम्मान करने का स्पष्ट निर्देश है, जैसे नीतिवचन १६:३१ में कहा गया, 'बुजुर्गों की आयु सम्मान का मुकुट है।' दादा-दादी न केवल परिवार की जड़ों को मजबूत करते हैं, बल्कि अपनी प्रार्थनाओं और जीवन के अनुभवों को अगली पीढ़ियों तक पहुंचाते हैं। उनकी आस्था, धैर्य और प्रेम भरे जीवन से प्रेरित होकर, बच्चे और युवा आशा और विश्वास की राह पर चलना सीखते हैं।

दादा-दादी की कहानियाँ और शिक्षाएँ विश्वास की नींव को और गहरा करती हैं। वे अपने बच्चों और नाती-पोतों को यीशु के प्रेम, क्षमा और बलिदान की कहानियाँ सुनाते हैं। चर्च में उनकी सक्रिय भागीदारी, प्रार्थना सभाओं में उनकी उपस्थिति और घर में बाइबल पाठ परिवार को आध्यात्मिक रूप से जोड़ता है। उनकी सादगी और समर्पण आशा की किरण बनकर दूसरों को प्रेरित करता है, खासकर तब जब जीवन में कठिनाइयाँ आती हैं। वे सिखाते हैं कि विश्वास के साथ हर तूफान को पार किया जा सकता है।

अंत में, दादा-दादी आशा के प्रतीक हैं। उनका जीवन हमें याद दिलाता है कि प्रभु की कृपा हर आयु में कार्य करती है। उनकी प्रार्थनाएँ और आशीर्वाद परिवार को एकजुट रखते हैं और समाज में प्रेम व शांति का संदेश फैलाते हैं। इस तरह, वे सच्चे तीर्थयात्री बनकर विश्वास की मशाल को जलाए रखते हैं।



As we celebrate the Feast of
Sts Joaquim and Anna
Feast day 26 July
Mass 07.00am
Our Lady of Piety Somudai
invites you all and prays
that our families may become sanctuaries of Love.



Report on the Feast of Our Lady of Three Necessities

Davina Vaz

Our Lady of Three Necessities Somudai

3^{1st May 2025} – This year’s Feast of Our Lady of Three Necessities was celebrated with great devotion and religious fervour at the Sé Cathedral. The faithful gathered in large numbers as members of the Our Lady of Three Necessities Somudai and Confraria came together to organise the celebration.

The Solemn Feast Mass began at 4:00 PM and was presided over by Auxiliary Bishop Rt. Rev. Simião Fernandes, who also delivered the homily. Drawing from the liturgical *vixoi*, the theme for the celebration was “**Tin Gorzamche Saibinni bhaxen bhorvonxeachim yatrekaram zaum-ia**”, reminding the faithful of Our Lady’s intercessory power in life’s most difficult moments.

The feast was preceded by novena, beginning on 22nd May, with various somudais taking charge of the liturgical and other arrangements. Each service began with the Holy Rosary and concluded with a procession of children dressed as angels, offering flowers and singing hymns in honour of Our Lady. Confraria members, in their traditional attire, added to the solemnity of the occasion.



The day concluded with a penitential Marian procession within the church compound, accompanied by the traditional brass band, marking a beautiful and spiritually uplifting conclusion to the celebration. Snacks and refreshments were served after the feast mass.

Jezuche Vollkhichea Vorsak Uggtavnechem Mis... Vakho

Manisha Da Costa

Son'dexkar



Dotonichem Uggtavnechem mis June-ache 22^{ver} 2025 sokallchea 7:30 vaztam somorombhlem. Hea vorsa dotonicho vixio "Bhorvanso Amkam Fottoinam". Sogllim son'dexkaram ap-plea vorgantlea eka bhurgeank ghevun aplea hatanim ek gulab ghevun Yadnikam borobor mirvonukent bhiton sorlim. He ritint vantto ghetana ami sogllench amchem jivit ani hea vorsa amchea hatant ghatlolo dotonicho vavr ami Devak bhettoilo ani Tachea Putak Jezuk unddeachea rupan sonvsarak vattunk fuddem sorleanv.

"Bhorvanxean Jivitacho Unddo Sonvsarak vanttum-ia", hea misachea vixio-acher Fr. Rosario Oliveira-n apleam provochonantlean sondex dilo. Dhinvasnechem magnem zalea uprant Son'dexkarnim aplea hatanim vati gheun

paskachea vatir hat pattoun, apleam hatant ghatlolea dotonichea bhurgeank Jezuche ollkhin vaddouk ani bhurgeamcho bhavart jivall korunk vavurtolim mhoonn Jezuk apli bass dili. Mis somplea uprant dotonichea bhurgeank kavpak dilem ani ghora portolim.





Alice Gonsalves
Parish Youth Ex-Co

Report on the Youth Innuagral Mass

The Youth Inaugural Mass for the Pastoral Year 2025-26 took place on Sunday, June 15th, beginning at 7:30 am. The event marked the official welcome of new youth members into the Parish Youth Group. The theme of the Pastoral year 2025-26 is “Youngsters! Hope does not Disappoint us!” and for the Eucharistic celebration the theme was “Go in the vision of The Holy Trinity and Grow in Love.”



The mass began with a entrance procession involving both old and new youth members leading the Main celebrant Rev Fr. Jason Fernandes and Deacon Lourdes Simoes Lourdes to the Altar. Each participant carried a flame, symbolizing their passion and zeal, and

placed it on the flame board. This symbolic act of togetherness and dedication set a spiritual and uplifting tone for the entire ceremony.

Before the final blessing all the parish youth members took an oath to reaffirm their dedication and commitment to the church’s mission. The coordinator Mr. Shelton Pacheco led the oath.

Following the mass, a get together was organized to foster community spirit and strengthen bonds among the parish youth members.

Overall, the Parish Youth Inaugural Mass was a deeply moving and spiritually enriching event. It set a hopeful, energetic, and united tone for the year ahead, as the youth of the parish look forward to growing together in faith, service, and community.



Understanding Church Documents in the Jubilee Year 2025



LUMEN GENTIUM

Dogmatic Constitution on the Church

Introduction:

In our journey as Pilgrims of Hope in the Jubilee Year 2025, described as “an event of great spiritual, ecclesial and social significance in the life of the Church” by departed Pope Francis, we endeavour to understand and reflect on the four constitutions of the Second Vatican Council. The June issue of Katedralacho ULO carried an article which provided an understanding of the first constitution-*Sacrosanctum Concilium*-which is the Constitution on the Sacred Liturgy.

In this issue, we cover the main highlights of *Lumen Gentium*-the *Dogmatic Constitution on the Church*-solemnly promulgated by His Holiness Pope Paul VI on 21 November, 1964. **Lumen Gentium**, a Latin phrase translated as “**Light of the Nations,**” presents a profound theological reflection on the nature, role, and mission of the Church in the modern world. This document is marked by a more inclusive and pastoral vision of the Church, interspersed with scriptures. It is divided into 8 chapters. Here are the main highlights of each of the chapters;-

Chapter I: The Mystery of the Church

The first chapter begins by stating that **Christ is the light of humanity** and this light shines visibly from the Church. The Church is rooted in the eternal plan of the Father, made manifest in Christ and animated by the Holy Spirit. Several biblical images are employed—such as the sheepfold, flock, the vineyard, the building of God, spotless spouse and most especially the Body of Christ—to convey the deep, mystical nature of the Church. It is the Church whom Christ “loved and for whom he delivered himself up that he might sanctify her.”(Eph. 5:26). And whom he constantly “nourishes and cherishes” (Eph.5:29). Just as Christ carried out the work of

redemption in poverty and oppression, so the Church is called to press forth faithfully on the same path of penance and renewal with patience and love amidst difficulties, sorrows, sins and afflictions until the **mystery of her Lord is manifested in full light.**

Chapter II: The People of God

This chapter of *Lumen Gentium* reminds us that God desires to save us not as isolated individuals, but as members of a community—the People of God (1 Peter 2:9–10). Through baptism, we are joined to this people, called to live in communion with God and with one another. Christ is our Head, and the Holy Spirit fills the Church with life, uniting us in love and truth. The Church is not defined by borders or nationality. Rather, it is a **spiritual family** open to all, made one in faith, hope, and charity. Just as ancient Israel was God’s chosen people, the Church today is a new people, journeying through history as a **pilgrim community** toward the promised fullness of God’s Kingdom (cf. Hebrews 13:14). All members of the Church share a common dignity and are called to participate in Christ’s mission, sharing in His **priestly, prophetic, and kingly offices**. This shared mission reminds us that **every baptized person matters**—not only priests and religious, but also laypeople, families, workers, youth, and the elderly. We are all called to **build up the Church and bring Christ to the world**, each in our own way.

The Council also speaks with great hope about those who are not visibly united with the Catholic Church. It acknowledges that God’s grace is at work even beyond our visible boundaries. (cf. Acts 10:34–35; 1 Timothy 2:4). Hence, the Church mindful of the Lord’s command to preach the Gospel takes zealous care to foster the missions.

As the People of God, we are on a journey—sometimes marked by struggle, always sustained by God’s mercy. **The Eucharist, the Word of God, and the love we share in community** guide us along the path.

Chapter III: The Church is Hierarchical

This chapter explains how Christ continues to lead His Church through the **Pope and bishops**, successors of the apostles. The bishops, united with the Pope, form a **college**, or body, that shares responsibility for teaching the faith, sanctifying the people through the sacraments, and governing the Church. This is known as

episcopal collegiality. Bishops lead not by power, but by **service**, following the example of Christ the Good Shepherd (cf. John 10:11). The priests are termed as prudent cooperators of the episcopal college and together with their bishop constitute a unique sacerdotal college. At the lower level of hierarchy are deacons “who receive the imposition of hands unto the ministry. The chapter concludes with the expression of future possibility of conferment of diaconal order on married men, should the Roman Pontiff think fit.

Chapter IV: The Laity

This chapter highlights the role of laypeople in the Church. The laity are all the faithful who are not in Holy Orders or religious life. They are called to **sanctify the world by living out their faith in daily life—family, work, and society.** Sharing in Christ’s priestly, prophetic, and kingly roles, they participate in the Church’s mission by witnessing to the Gospel, engaging in the temporal order, and contributing to the sanctification of the world from within. (cf. Rom 6:12). Their apostolate flows from baptism and confirmation, and they are encouraged to actively collaborate with clergy in evangelization and Church life. Each individual thus must be a witness before the world to the resurrection and life of our Lord Jesus.

Chapter V: The Call to Holiness

Holiness is a call for all members of the Church, regardless of vocation. All the faithful—bishops, priests, deacons, religious, and laypersons—are invited to grow in holiness through love of God and neighbor (*Matthew 22:37–39*). The Church reflects on Jesus’ call: “Be perfect, as your heavenly Father is perfect” (*Matthew 5:48*) and urges the faithful to seek holiness through daily fidelity, aided by grace, prayer, and the sacraments (*Ephesians 1:4, 1 Thessalonians 4:3*). Holiness is expressed through charity, humility, patience, and service (*Colossians 3:12–14*), in union with Christ’s suffering and resurrection (*Romans 8:17*).

Chapter VI: Religious

Religious life is portrayed as a special gift to the Church. Those who profess the evangelical counsels—**poverty, chastity, and obedience**—follow Christ more freely and closely (*Matthew 19:21, 1 Corinthians 7:32–35*). Though not part of the hierarchical structure, religious seek to conform their whole lives to Christ, who became

poor (2 *Corinthians* 8:9), chaste, and obedient unto death (*Philippians* 2:8). Through their unique charisms, religious enrich the Church and serve its mission in varied ways. While distinct from ordained ministry and lay life, religious life serves the Church through prayer, education, healthcare, and various forms of pastoral outreach. This chapter affirms that religious life is deeply rooted in the Church's tradition and contributes to its sanctity and mission in a special way.

Chapter VII: The Pilgrim Church

This chapter reminds us that the Church is on a **pilgrimage toward eternal life** (*Philippians* 3:14, *Hebrews* 13:14). It reflects on the *communion of saints*—those on earth, in purgatory, and in glory—and our spiritual solidarity with them (*Hebrews* 12:1, *Revelation* 7:9-17). The faithful are encouraged to look to the saints as examples (*Hebrews* 6:12) and to rely on their intercession (*Revelation* 8:3-4). The pilgrim Church anticipates the heavenly kingdom and celebrates it in the liturgy (*Hebrews* 12:22-24), moving forward in faith and hope.

Chapter VIII: Our Lady

The place of **Mary as the model and mother of the Church** is described in this chapter. Chosen by God and full of grace (*Luke* 1:28), she gave her fiat to the Incarnation (*Luke* 1:38) and shared intimately in Christ's saving work (*John* 19:25-27). She is presented as the new Eve (*Genesis* 3:15, *Revelation* 12:1-6) and the perfect disciple, who kept all things in her heart (*Luke* 2:19). Exalted by the Lord (*Luke* 1:48), Mary intercedes for the Church and is a sign of hope for all the faithful on their journey. The Church encourages loving veneration of Mary that always leads to Christ (*John* 2:5). Mary, is sign of true hope and comfort for the pilgrim people of God.

Conclusion

Lumen Gentium remains a spiritual and pastoral guide for living out our faith in communion with one another and in service to the world. May these insights enrich our faith and strengthen our commitment to Christ and His Church.

(Sourced from *A Pilgrimage towards the Jubilee year 2025 (The Second Vatican Council)*, published by St. Paul's, 2024.)

(Stay tuned for more insights on church documents in our forthcoming issues)

Live Fully. Age Gracefully. Belong Joyfully. Become a part of something meaningful today!

Francis Mathew



Association of Senior Parishioners-St Catherine's Parish

This association is dedicated to fostering fellowship, a spiritually enriched and supportive environment, and active community involvement among our senior parishioners, ensuring they feel valued and connected.

The primary objective of the Association is to engage with Catholic senior parishioners aged 60 and over within our parish community. It aims to bring joy, happiness, and grace into their lives by promoting the values and practices of Positive Ageing.

“Positive Ageing” refers to the process of embracing ageing with a positive attitude, emotional resilience, physical well-being, and active engagement in life. It is not about simply living longer or avoiding the realities of growing older. Rather, it is about making the most of the golden years, finding purpose, joy, and fulfilment in every stage of later life.

Ageing often brings many rewarding experiences, even as older adults confront a variety of physical, psychological, and social changes. For instance, some may experience shifts in physical abilities, alterations in social ties, adjustments in financial circumstances, and the challenges of bereavement.

Maintaining a positive attitude toward ageing is especially important. It helps individuals feel good about themselves, fosters emotional well-being, and provides a sense of control during this new stage of life.

As we age, it is natural to go through cycles of positivity and challenging periods. However, those who approach ageing with optimism tend to live longer, enjoy better health, and experience a higher quality of life.

Below is a list of potential benefits for those who join the “Association of Senior Parishioners” at St. Catherine’s Parish.

Spiritual Enrichment: Opportunities for group prayer, Bible study, and spiritual reflection and support in deepening one’s faith and living out Catholic values in later life;

Fellowship and Friendship: Meet and connect with other senior parishioners and build meaningful, lasting friendships rooted in shared beliefs and experiences;

Supportive Community: Be part of a caring network that offers encouragement and emotional support, and a sense of belonging and purpose, especially for those who may live alone or feel isolated;

Positive Ageing Activities: Engage in programs that promote mental, emotional, and physical well-being and participate in talks, wellness workshops, and recreational events.

Lifelong Learning and Sharing: Opportunities to share life experiences, wisdom, and faith journeys and learn from guest speakers, parish leaders, and each other;

Outreach and Service: Volunteer together in parish ministries or charitable works and use your time and talents to bless others and stay actively engaged;

Celebrating Life Together: Celebrate birthdays, anniversaries, and meaningful milestones as a community and enjoy social events, pilgrimages, and seasonal gatherings

Guidance and Resources: Access to parish support, information, and referrals for senior-related concerns and guidance on navigating the spiritual, emotional, and practical aspects of ageing

Why Wait? Join Today!

The registration form for the “Association of Senior Parishioners” – St. Catherine’s Parish is already available with your Somudai leader. It’s not too late to collect a copy from the parish office as well!

Membership is completely free and open to all senior parishioners aged 60 and above to embrace the journey of **Positive Ageing** - a life enriched with faith, fellowship, and purpose.

Feast of St Anthony –A report

Iniya Manzrekar

Our Lady of Light Somudai



St Anthony a boy who joined his spiritual life at 15 years of age and was ordained as priest in 1220. He is especially invoked and venerated all over the world as the patron saint for the “recovery of lost items”. He is known as “the Saint of miracles”.

We, the Our Lady of light somudai looked forward to celebrate the feast of St. Anthony, some members got together to clean and prepare the altar for the feast, the altar was draped with simple design symbolising St. Anthony’s simplicity. The feast of St. Anthony was celebrated on 13th June. The mass was



celebrated at 5:30pm by our Parish Priest Fr. Rosario, Fr. Auxemio and Fr. Leslie. The homily was put forward by Fr. Leslie, he spoke not only about his miracles but St. Anthony’s past life when he worked in the kitchen which showed his down to earth nature. As the mass came to an end the final St. Anthony prayer was said and the buns kept besides, were blessed and distributed amongst all who participated for mass. We pray for immense blessings from St. Anthony on all the members of our parish.

Diocesan Centre for Biblical Apostolate, Goa and Daman

BIBLE COURSE@2025-26

**St Catherine of Alexandria, Old Goa
(Sé Cathedral)**

Thursday | 6.30-8.30 pm

JULY 2025	
3 rd	Bible Course I –Sé Cathedral – Old Goa
10 th	Bible Course II –Sé Cathedral – Old Goa
17 th	Bible Course III –Sé Cathedral – Old Goa
24 th	Bible Course IV –Sé Cathedral – Old Goa
31 st	Bible Course V –Sé Cathedral – Old Goa



Feast of Pentecost Celebration

Alice Gonsalves
(St. Catherine Somudai)



In the spirit of unity and devotion, members of St. Catherine ward came together to prepare for the celebration of the Feast of Pentecost. On Sunday, 8th June 2025. The members worked together to clean and beautifully decorate the main altar as well as the altar dedicated to the Holy Spirit.

The main altar featured a symbolic artificial dove representing the Holy Spirit, along with flames of fire signifying the seven gifts of the Holy Spirit: Wisdom, understanding, Council, Fortitude, Knowledge, Piety and Fear of God.



During the parish Mass, all the members of the Somudai actively participated in the liturgy. The main celebrant for the occasion was our assistant parish priest, Rev. Fr. Jason Fernandes, he in his homily based on the Gospel of John: 14:15-16 briefed on the importance of the gifts of the Holy Spirit.

The joyous occasion was made even more special by the sharing of cake after the Mass, followed by a time of fellowship where members exchanged warm wishes and enjoyed each other's company.

Saint Jose Luis Sanchez del Rio: A role model for students

Sourced by **Greta Vaz**
Our Lady of Piety Somudai



José Luis Sánchez del Río was born on March 28, 1913, in Sahuayo, Michoacan, Mexico, South America. He grew up in a Catholic family, deeply devoted to the faith and to Our Lady of Guadalupe. His childhood was marked by a strong sense of faith and a willingness to stand up for religious freedom. Jose was the third of four children of Macario Sanchez and Maria del Rio Arteaga, raised up in a loving home with parents. His uncle was a priest and was supported by the Cristero (Soldiers of Christ Army), reflecting the family's strong catholic beliefs.

Jose first attended school in his hometown and later in Guadalajara in Jalisco. At a young age, his faith was evident, attending Mass whenever possible. He was known for his devotion to Our Lady of Guadalupe and his courage in the face of adversity.

At the age of 12, Jose pleaded with his mother to allow him to join the Cristeros army. Initially he was denied the permission due to his age but he continued to support the cause of the church by even offering his horse to a general, lost in the battle – A conflict between the Church in Mexico and the government forces in those times. The Cristero differences started after the government began eliminating the religious rights of Catholics closing down the churches, seizing church properties, schools, convents and the exiles or execution of priests throughout the country, in accordance with anti-clerical laws drafted by the Mexican constitution under Masonic President Plutarco Calles, in 1924.

Cristero War broke out in 1926, his brothers joined the rebel forces, his mother plus the general, Prudencio Mendoza Alcazar refused his enlistment. Later Mendoza relented and allowed José to become the flag bearer of the troop. Heavy fighting erupted on January 25 and boy was captured and imprisoned by the troops. He was tortured until death for refusing to renounce his faith and his last words before being martyred on 10, February, 1928 (Age 14 years) "Long Live Christ the King! Long Live the Virgin of Guadalupe."

► Cont. on pg 30



Our Lady of Mount Carmel: A Symbol of Devotion and Protection

Vailansha Fernandes

Our Lady of Piety

The feast day of Our Lady of Mount Carmel is celebrated on July 16, commemorating the tradition that Mary appeared to St. Simon Stock, a Carmelite priest, in 1251. During this vision, she is said to have given him the Brown Scapular. It serves as a visible sign of devotion to the Blessed Virgin Mary, symbolizing belonging to the Carmelite family and seeking her motherly protection and intercession. Also a call to live a life of faith, purity and commitment to Christ.

Over the centuries, devotion to Our Lady of Mount Carmel has spread worldwide. She is especially venerated for her promise of spiritual help and salvation to those who wear the scapular faithfully. In many cultures, she is also invoked for safety, particularly by seafarers and those in danger. Our Lady of Mount Carmel continues to inspire millions as a symbol of maternal care, spiritual guidance, and deep commitment to God. Her image, often shown holding the Christ Child and the scapular, remains a powerful reminder of faith and divine protection.

▶ Cont. from pg 29

Saint Jose Luis Sanchez del Rio: A role model for students

On June 22, 2004, he was declared venerable by Pope John Paul II. November 20, 2005 beatified by Pope Benedict XVI and finally canonized a Saint by Pope Francis on October 16, 2016.

The enduring legacy of St José Sánchez Del Río, lives on among the school students unheard in the eastern regions of the world. He aspired to learn more while as a student but God disposes and proposes His plans for His child Jose. His role model as a student inspired many in Americas- In 2008, Blessed José Sánchez del Río High School Seminary” was established in Mankato, Minnesota.

He’s commonly referred today as “Josélito”, is a strong role model for students, particularly for his courage, faith, and unwavering commitment to his beliefs. He serves as an example of how to save up for one’s faith, in the defend of adversity, to persevere in difficult circumstances.

Quiz



Jubilee Year 2025- Student Quiz

Section A: Jubilee Year Basics

1. What is a Jubilee Year in a Catholic Church?
a) A year of fasting and penance c) A year to change Church activities
b) A year of celebration and mercy d) A year when new Pope is elected
2. Who declared the Jubilee Year 2025?
a) Pope Francis c) Pope John Paul II
b) Pope Benedict XVI d) Pope Leo XIV

Section B: Jubilee in the Bible and Church

3. Where in the Bible is the concept of Jubilee introduced?
a) Genesis b) Leviticus c) Psalms d) Mathew
4. What is the key spiritual practice during the Jubilee Year?
a) Confession and Pilgrimage c) Confirmation
b) Baptism d) Wedding Masses

Section C: Living the Jubilee

5. Which of these is NOT a way to live as a "Pilgrim of Hope"?
a) Helping the poor c) Gossiping and spreading negativity
b) Praying for others d) Trusting in God's plan
6. What can Catholics gain by walking through the Holy Door with the right disposition?
a) A free Bible c) A plenary indulgence
b) A Jubilee badge d) A ticket to Rome

Section D: Bonus Question

7. Name one thing you personally can do to live the Jubilee spirit in 2025

Rules for participation.

- Compulsory for all YOUTH of St Catherine of Alexandria Parish.
- Answers to reach the ULO youth section editor by the 15th of July

ST CATHERINE OF ALEXANDRIA BLESS US!!

DAILY READINGS FOR JULY 2025

Intentions of the Apostleship of Prayer

Intention: For formation in discernment.

Let us pray that we might again learn how to discern, to know how to choose paths of life, and reject everything that leads us away from Christ and the Gospel.

DAY	READINGS			
	1 st READING	PSALM	2 nd READING	GOSPEL
01. Tue.	Gen. 19:15-29;	Ps. 25:2-3. 9-10. 11-12;		Mt. 8:23-27.
02. Wed.	Gen. 21:5.8-20;	Ps. 33:7-8. 10-11. 12-13;		Mt. 8:28-34.
03. Thu.	Acts. 10:24-35;	Ps. 41:2-3, 42:3-4	1 Pt.1:3-9 or Eph.2:19-22	Jn. 20:24-29
04. Fri.	Gen. 23:1-4. 19, 24:1-8. 62-67;	Ps.105:1-2. 3-4a. 4b-5;		Mt. 9: 9 - 13.
05. Sat.	Gen. 27:1-5. 15-29;	Ps. 134:1-2. 3-4. 5-6;		Mt. 9: 14-17.
06. Sun.	Is. 66:10-14c;	Ps. 65:1-3a. 4-5. 6-7a. 16+20;	Gal.6:14-18	Lk. 10:1-12. 17-20 (or 1-9).
07. Mon.	Gen. 28:10-22a;	Ps. 90:1-2. 3-4. 14-15ab;		Mt. 9:18-26.
08. Tue.	Gen. 32:23-33;	Ps. 16:1.2-3. 6-7. 8+15;		Mt. 9:32-38
09. Wed.	Gen. 41:55-57. 42:5-7a. 17-24a;	Ps. 32:2-3. 10-11. 18-19;		Mt. 10:1-7.
10. Thu.	Gen. 44:18-21. 23b-29, 45:1-5;	Ps. 104:16-17. 18-19. 20-21;		Mt. 10:7-15.
11. Fri.	Gen. 46:1-7. 28-30;	Ps. 36:3-4. 18-19. 27-28. 39-40;		Mt. 10:16-23.
12. Sat.	Gen. 49:29-32, 50:15-26a;	Ps. 104:1-2. 3-4. 6-7;		Mt. 10:24-33.

13. Sun.	Deut.30:10-14;	Ps. 68: 14+17. 30-31. 33-34. 36ab+37;	Col.1:15-20	Lk. 10:25-37.
14. Mon.	Ex.1:8-14. 22;	Ps. 123: 1-3. 4-6. 7-8;		Mt. 10:34 - 11:1.
15. Tue.	Ex.2:1 - 15a.	Ps. 68: 3. 14. 30- 31. 33-34;		Mt. 11:20 - 24.
16. Wed.	Ex. 3:1-6. 9-12;	Ps.102:1-2.3-4. 6-7;		Mt. 11:25-27.
17. Thu.	Ex. 3:13-20;	Ps. 104: 1+5. 8-9. 24-25. 26-27;		Mt. 11:28-30.
18. Fri.	Ex.11:10-12:14;	Ps. 115:12-13. 15- 16bc. 17-18;		Mt. 12:1-8.
19. Sat.	Ex. 12: 37-42;	Ps. 135: 1+23-24. 10-12. 13-15;		Mt. 12:14-21.
20. Sun.	Gen.18:1-10a;	Ps. 14: 2-3ab. 3cd- 4ab. 5;	Col.1:24-28	Lk. 10:38-42.
21. Mon.	Ex.14:5-18;	Ps. Ex.15:1-2. 3-4. 5-6;		Mt. 12:38-42.
22. Tue.	Song 3:1 - 4a or 2 Cor. 5:14-17;	Ps.62: 2. 3-4. 5-6. 8-9;		Jn.20:1-2. 11-18.
23. Wed.	Ex.16:1-5. 9-15;	Ps. 77:18-19. 23- 24. 25-26. 27-28;		Mt. 13:1-9
24. Thu.	Ex. 19:1-2. 9-11. 16-20b;	Ps. Dan.3:52. 53. 54. 55. 56;		Mt.13:10-17.
25. Fri.	2 Cor.4:7-15;	Ps. 125:1-2ab. 2cd-3. 4-5. 6;		Mt. 20:20-28.
26. Sat.	Ex. 24:3-8;	Ps. 49: 1-2. 5-6. 14-15;		Mt. 13:24-30.
27. Sun.	Gen. 18:20-32;	Ps. 137:1-2a. 2bcd-3. 6-7ab. 7c-8;	Col. 2:12-14;	Lk. 11:1-13.
28. Mon.	Ex. 32:15-24. 30-34;	Ps. 105:19-20. 21- 22. 23;		Mt.13:31-35.
29. Tue.	1Jn.4:7-16;	Ps.33:2-3. 4-5. 6-7. 8-9. 10-11		Jn. 11:19-27 or Lk. 10:38-42
30. Wed.	Ex. 34:29-35;	Ps. 98:5. 6. 7. 9;		Mt.13:44-46.
31. Thu.	Ex.40:16-21. 34-38;	Ps.83:3. 4. 5-6a+8a. 11;		Mt. 13:47-53.

PARISH PLANNER FOR THE MONTH OF JULY

SUNDAYS

Date	Celebration	7:30 a.m.	10:00 a.m.	4:00 p.m.
06/07/25	14 th Sunday in Ordinary Time (Day of the cause of the Pontifical Society of St. Peter the Apostle)	St. John Facundo	St. Catherine	St. Ignatius
13/07/25	15 th Sunday in Ordinary Time (Jubilee of PPCs and SCCs)	St. Joseph Vas	St. Paul	St. Francis Xavier
20/07/25	16 th Sunday in Ordinary Time (Day dedicated to Natural Family Planning)	St. Augustine	St. Alex	Our Lady of Three Necessities
27/07/25	17 th Sunday in Ordinary Time (World Day for Grandparents and the Elderly / Jubilee of Grandparents / Elderly)	Parish Youth	San Domingo	Khuris Milagr

WEEKDAYS

Date	Celebration	Time	Responsibility
03-07-2025 (Thursday)	St. Thomas (proper of India)	7.00 a.m.	Daily Readers
05/07/2025 (Saturday)	3 rd Death Anniversary Arch.BP. Raul N. Gonsalves	4.00 p.m.	Archdiocese
16-07-2025 (Wednesday)	Our Lady of Mount Carmel	7:00 a.m. (Mount Carmel Chapel)	Lectors / Liturgical Animators
26-07-2025 (Saturday)	Sts. Joachim & Anne	7.00 a.m. (Altar assigned)	Our Lady of Piety

FIRGOZ MAHITI

TUMCHE SEVEK

CANON ROSARIO OLIVEIRA

Padr Vigar

PRI. JASON K. FERNANDES

Adhari Padri

MS. GISELLE GOMES

Kocherint vavr korpi

MS. PRISCILLA SILVEIRA

Igorjent xist sambhallpi

ORVIL CABRAL

Paryavekshak

MONICA BECK

Vavradi

MHOINEACHEA POILEA

SONVARA FATIMA

SAIBINNICHEM DEVOSANV

Sokallchea 6.00 vaztam kumsaram,
6.30 vaztam Fatima Saibinnichem Poilea
Sonvarachem Devosanv, thodo vell niall
ani tea uprant Povitr Misachi bhett.

VEG-VEGLLEO ZOMATI

- Firgoz Gonvllik Sobha - Poilea Budvarak Sanje 6.30 vaztam
- Firgoz Gonvllik Assembly - Tin mhoneank ek pautt, poilea Aitara, sokallchea 7.30 vaztanchea Misa Uprant
- Firgoz Tornatteeanchi Zomo - Choutea Aitarak
- Vedit-Sevokanchi Zomo - Sonvara sanje 4 vaztam
- Dev Sondexkaranchi Zomo - Tisrea Sonvara sanje 7.00 vaztam
- Devachem Utor Vachpi (Lectors) - Tin mhoneank ek pautt, poilea Sonvara sanje 7.00 vaztam
- Sevadhormik Sevok (Liturgical Animators) - Tin mhoneank ek pautt, dusrea Sonvara sanje 7.00 vaztam
- Bautizm ani Kazara vhoir xikovnn - Mungllara sokallchea 10.00 - 12.00
- Gonvllik Bhett (Pastoral Visits) - Mungllar (Tue.), Brestar (Thurs.) ani Sukrar (Fri.) sanje 5.00 vaztam thaun.



IGORJENT DISPOT'TIM ANI

AITARACHIM MISSAM

Somar tem Sonvar : Sokallche 7:00 vaztam

Sonvar : Sanje 6.00 vaztam (Inglez bhaxen,

Aitarachem(anticipated) Mis.

Aitar:

- Sokallim 7.30 vaztam
- 8:45 vaztam Dotonichea Bhurgeanchem Mis
- 10.00 vaztam (by Canons)
- Sanje 4.00 vaztam (Tin Gorzanche Saibinnichea Manank)
- Mhoineachea Dusrea Aitara : Sokallchea 11.00 vaztam (Hindi bhaxen)

KUMSARAM

Somar tem Sonvar sokallchea 6.00 vaztam

Missa adim ani uprant

POVITR SONSKARAK BHOZONN

Sukrar, Sokallchea 6.30 vaztam, Missa adim

DEVACHI OLLOKH VO DOTON

Aitar Sokallim 7:25 vaztam

KOCHERICHIO VELL

Somar tem Sonvar

Sokallchim 8:30 tem donparchim 1:00

Sanje 3:00 tem 5:30

POTH'THO

St. Catherine of Alexandria Church,
Se Cathedral, Old Goa, 403 402

Mob.: **08805247041**

SOM'PORK

Email: secatedralgoa@gmail.com

Website: <http://www.secatedralgoa.org>

WELCOME

We, the Parish Priest, Assistant Parish Priest and the parishioners of St. Catherine of Alexandria, warmly welcome Seminarian Lourdes Simoes to our Cathedral Parish for his pastoral exposure.



Deacon Lourdes Simoes

Hailing from Ambaulim, he has recently completed philosophy studies at the Patriarchal Seminary of Rachol. We pray that his time among us will be spiritually enriching and a grace-filled step in his journey to the priesthood.

*May St. Catherine of Alexandria
intercede for him and bless his
ministry ahead.*



Povitr Pustokacho kurs 2025-2026 Dobajik Ugtavnnecho Dis.

BEAUTY WITHOUT COMPROMISING HEALTH



- ✓ ADULTERATION FREE PRODUCTS
- ✓ GENUINE GLOBAL BRANDS
- ✓ FORMALDEHYDE FREE HAIR TREATMENTS
- ✓ AMMONIA FREE COLOURS
- ✓ CRUELTY FREE • VEGAN
- ✓ USFDA APPROVED DIODE LASER

ADULTERATION FREE PRODUCTS

Reine&Roi

SALON AND INSTITUTE OF AESTHETICS

CALL 8329721279

